

Material List:

1/3 Yard of assorted background fabrics Size is approximate depends on the size of hoop.
Assorted scraps for appliqué.
1/4 Yard batting
Binding 70" x 2 1/2"
Optional 1/4" double sided iron on stabilizer.
Optional Edge foot (sewing foot)
Tear away stabilizer and all usual embroidery supplies





Instructions:

- 1. Hoop fabric with a layer of batting and some tear away stabilizer for first block
- 2. Embroidery first design using regular embroidery and applique method. Click on the link for applique instructions. https://sewswell.com/applique-tutorial/
- 3. When the design has sewn out design and before quilting there will be a placement line for the backing. It is just a rectangle that borders the block. When that is finished sewing you will add the backing fabric. Wrong side up. Slide fabric under the hoop. The batting will now be sandwiched between the quilt front and the backing. Make sure to have at least one inch of backing covering the design. (This will be sashing between blocks and is very necessary.
- 4. After embroidery is completed Cut around the block 1 inch from the outside border stitch. Cut through all layers.
- 5. Lay block right side DOWN. Pull backing fabric ONLY back to seam line, leaving batting, stabilizer and quilt front.
- 6. Measure 1/8th inch from seam and cut through front, and batting leaving













- 7. To join blocks together, put wrong sides together, lining up backing, batting and the front.
- 8. Stitching: Try using an edge foot lining it with edge of batting and front. Move needle to just off the front and batting. With the needle just off the edge sewing on the two front of blocks only.
- 9. After stitching Open bringing the back seams to the front and press.
- 10. Time for the optional double sided fusible seam tape. Press it on the edge of backing brought to the front. Iron on then remove tape protective paper. Fold seam in half and press down back on the block the back came from.
- 11. Use that same edge foot to help guide the stitch down of the now bound block. Move the needle to the middle position use a straight stitch to finish the block joining.













- 12. Stitch down both sides of faux binding of each block joining.
- 13. When all blocks are joined. Use rotary cutter and ruler to trim around the entire project 1/4 inch from the Stitching marking the outside of the embroidered blocks
- 14. Bind quilt in your favorite manner





